



Sigita Howell

Branch Manager – Letchworth & Hitchin

## Meet Sigita, your Branch Manager for Letchworth & Hitchin

### About me

Hello, I'm Sigita. Here, at the Letchworth & Hitchin branch, I have a wonderful team of carers working with me, providing high-quality, compassionate support to all our customers.

I've lived in Hertfordshire for eight years now, so I know the local community well. I truly believe the most important part of my job is connecting with people, I'm really interested in psychology and love learning new skills to further my knowledge.

### Experience

I've worked in the healthcare sector for 12 years now, throughout and after university I worked for a special needs unit, this is where I completed my NVQs.

Back in 2010, I moved to London in search for more opportunities and to build by profile, here I worked as a Complex and Challenging Behaviour Worker for a couple of years. Then, I relocated to Hertfordshire.

In 2014 I was awarded my CQC registration and worked as a Registered Manager. Now, working for Helping Hands, I manage an amazing team and support customers and their families daily, it's very rewarding.

### Why I chose Helping Hands

When looking for a new role, I knew I wanted to work for a company with a good reputation and good CQC ratings, which is when I found Helping Hands. When I saw the advert, I applied immediately.

I was first introduced to Helping Hands back in 2013 when I met a live-in carer who worked for the company already. She was very complimentary and still works there now, I had everything crossed.

### Qualifications

I graduated from the University of Nottingham in 2009 with BSc Psychology and Cognitive Neuroscience. I also hold a QCF Level 5 Diploma in Leadership and Management in Health and Social Care (Adults)

