



Sarah Hogben
Branch Manager

Hello, my name is Sarah Hogben

I am the Branch Manager at Ramsgate

About me

I started my care career when I was 18 as a carer I then progressed to a senior/ team leader role. I then went onto a deputy manager role and progressed to a registered manager in a dementia home. I have worked with adults with various needs throughout my career before coming to helping hands and I have never looked back; I find it the most rewarding career.

I am a wife and mum to 2 very active children and quality time with my family is very important to me, in my spare time I enjoy socialising and the cinema.

It is my responsibility to ensure that both the carers and customers are supported throughout their journey with helping hands. We ensure the best quality of care is given and that our staff have the training to provide our customers with the best care for their individual needs.

Our staff are very committed to their role and go the extra mile each and every day for our customers and I will support them in every way I can, here at the Ramsgate branch we hold an open door policy and think it is important to support our staff in the community.

My experience and expertise

I believe in being transparent in all aspects of the business and feel it is important to have strong relationships with my staff and customers.

I have 16 plus years experience in the care sector and on my career path I have completed my NVQ 2 in health and social care, NVQ3 in health and social care and my ICQ level 5 diploma in Leadership for health and social care and children and young people services.

I have also completed my NCFE level 2 in Medication, End of life care, Team leading and principles of Dementia care.

Why I chose Helping Hands

I decided to join Helping Hands as I wanted to work for a company promotes the well being of its staff and customers and put them at the heart of the business.