



Nina Gale

Branch Manager - Milton Keynes

**Hello, my name is Nina,
Branch Manager for Milton Keynes.**

About me

My name is Nina, and I am the branch manager for Helping Hands in Milton Keynes. I have lived in Bedfordshire all my life and I am responsible for ensuring our customers receive high quality support to remain in their own homes safely and independently. I also work with customers and carers to provide support that it is individual to every customer, responsive to any changes in needs and is delivered with care, compassion and competence.

My experience and expertise

I began my career in care as a support worker for adults with learning disabilities, mental health conditions and challenging behaviours. I remained in this role for ten years before moving into the adult social care field to help support people in their own homes. I went on to co-manage a unit in a large care home that supported the elderly and individuals living with mental health conditions and all stages of dementia.

Why I chose Helping Hands

The first thing that attracted me to Helping Hands was that it was a company that still focused on its founding values. The amazing carers we have that show true passion and commitment to the role, often going the extra mile, and hearing customers say how much they appreciate the carers and the support they receive is music to my ears.